



MōDERE™

# ADULT MULTIVITAMIN

## DESCRIPTION

Adult Multivitamin is a well-balanced food supplement to support you and features a proprietary formula which contains 18 vitamins, minerals, and nutrients.

Every body system and process relies on adequate nutrition in order to function properly and support a healthy lifestyle. Especially important to proper body function are vitamins and minerals. The body can synthesize a few of the essential vitamins. However, it is necessary to obtain most vitamins in adequate quantities from elsewhere. Foods such as fresh fruits and vegetables provide a good source of key nutrients.

Well-balanced food supplements such as Adult Multivitamin can help supply the additional vitamins and minerals your body needs. It has been specially formulated to help support your body's daily requirements for many critical fat- and water-soluble vitamins, as well as macro and trace minerals.

With a diverse blend of essential nutrients, Adult Multivitamin assists the various body systems and provides a broad spectrum of benefits for feelings of overall well-being.

## FEATURES & BENEFITS

- Macro, micro, and trace mineral profile to support body tissue and fluids.
- Comprehensive B-vitamin profile including B1, B2, B3, B6, B12, biotin, and folic acid to support important metabolic processes.
- Potent antioxidants including vitamins B2, C, E, selenium, and zinc.



# ADULT MULTIVITAMIN

## KEY INGREDIENTS

- **Vitamin A** – Contributes to the maintenance of normal vision.
- **Vitamin C** – Contributes to normal functioning of the nervous system.
- **Vitamin D** – Contributes to the maintenance of normal muscle function.
- **Vitamin E** – Contributes to the protection of cells from oxidative stress.
- **Thiamine (vitamin B1)** – Contributes to the normal function of the heart.
- **Riboflavin (vitamin B2)** – Contributes to the normal metabolism of iron.
- **Niacin (vitamin B3)** – Contributes to normal energy-yielding metabolism.
- **Pyridoxine (vitamin B6)** – Contributes to normal protein and glycogen metabolism.
- **Cyanocobalamin (vitamin B12)** – Contributes to the normal function of the immune system.
- **Folic acid** – Contributes to normal blood formation.
- **Pantothenic acid** – Contributes to normal mental performance.
- **Biotin** – Contributes to normal macronutrient metabolism.
- **Zinc** – Contributes to normal DNA synthesis.
- **Chromium** – Contributes to the maintenance of normal blood glucose levels.
- **Iodine** – Contributes to the normal production of thyroid hormones and normal thyroid function.
- **Manganese** – Contributes to the normal formation of connective tissue.
- **Molybdenum** – Contributes to normal sulfur amino acid metabolism.
- **Selenium** – Contributes to the protection of cells from oxidative stress.

## INGREDIENTS

Bulking agent: microcrystalline cellulose, bulking agent: dicalcium phosphate, ascorbic acid, magnesium citrate, emulsifier: hydroxypropyl cellulose, niacinamide, calcium citrate, maltodextrin, d-alpha-tocopheryl succinate, calcium pantothenate, black pepper seed, stabilizer: cross-linked sodium carboxymethyl cellulose, anti-caking agent: fatty acids, zinc carbonate, modified starch, inositol, pyridoxine hydrochloride, ginger rhizome, thiamin mononitrate, anti-caking agent: silicon dioxide, riboflavin, cayenne fruit, horseradish root, stabilizer: sodium carboxymethylcellulose, stabilizer: ethylcellulose, glazing agent: dextrin, manganese sulphate, beta-carotene, glazing agents: methylcellulose, dextrose, emulsifier: soy lecithin, water, chromium (III) chloride, sucrose, copper gluconate, dl-alpha-tocopherol, folic acid, acid: sodium citrate, biotin, sodium selenite, sodium ascorbate, glazing agent: glycerin, medium chain triglycerides, potassium iodide, sodium molybdate, cholecalciferol, cyanocobalamin.

## FACTS

### Directions

Take 1 tablet per day, preferably with food and drink. Always read the product label before use.

### Size

60 tablets

### Product code

16034GB/BE/IT

### Allergy advice

Contains soy

### Companion products

Protozymes, Mineral Classic or Solutions, Hawaiian Noni, Omega 3, Green Qi, Cell Protect.